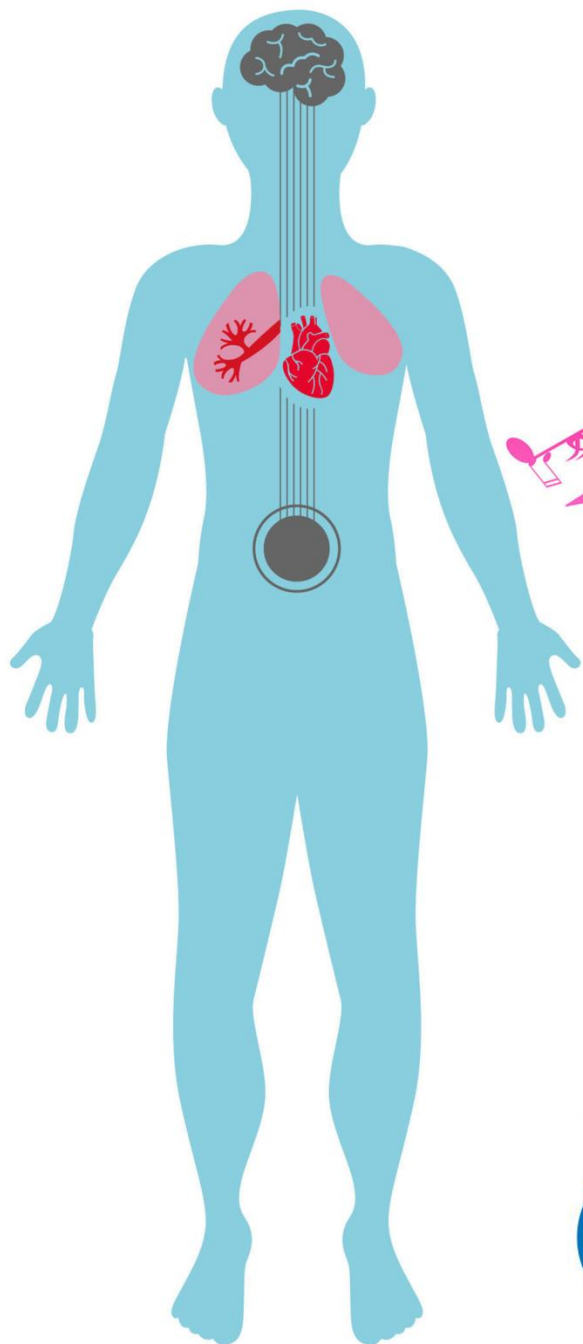


North Walsham and Aylsham District Skylarks

Fun, informal singing workshops for people with Parkinson's and their carers and anyone else interested in singing for voice, speech, health and wellbeing benefits!

1st & 4th Wednesdays of each month
11:00 for tea/coffee, singing 11:30-12:30
Sacred Heart Church Hall, Kings Arms St,
North Walsham NR28 9JP



Suitable for complete beginners!

£4 pp inc. refreshments

Come and join in the fun!

Further information/queries:
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Tel: 07771605188

