

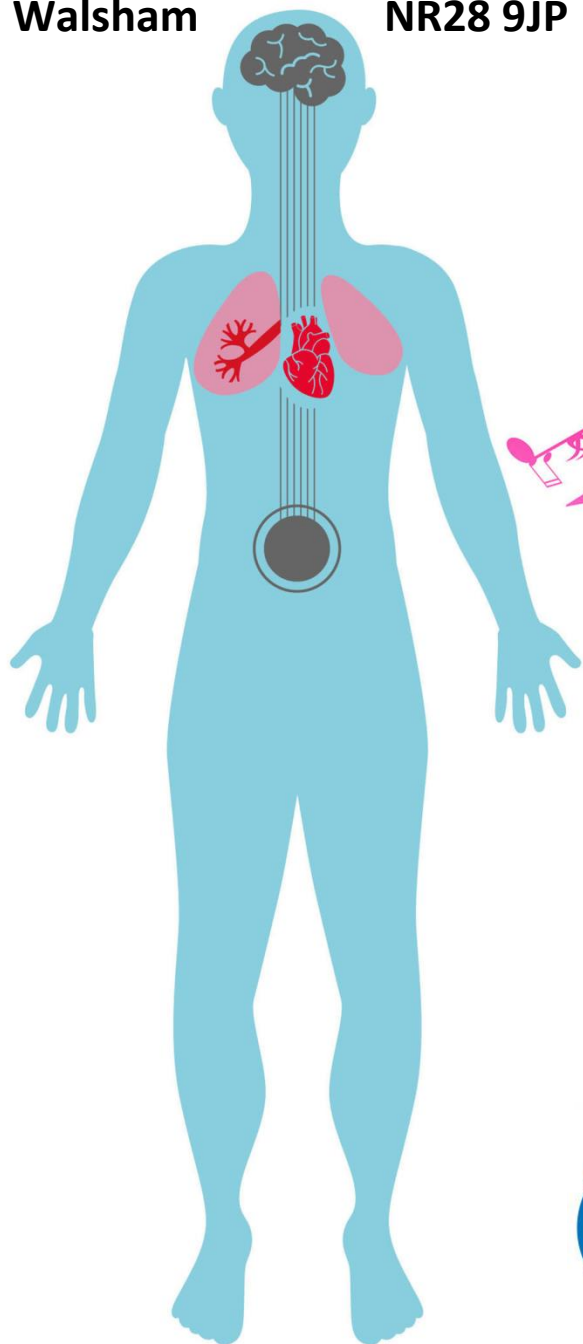
North Walsham and Aylsham District Skylarks

Fun, informal singing workshops for people with Parkinson's and their carers and anyone else interested in gaining health benefits associated with singing with others

1st Wednesday of each month

11am for tea/coffee, singing 11:30-12:30pm

**Sacred Heart Church Hall, Kings Arms St,
North Walsham NR28 9JP**



Suitable for complete beginners

All welcome!

Free until end of June

£4 per person from July
including refreshments

For further information or
if you have any queries please contact
tina@playingforcake.uk

Tel: 07771605188

