## Playing for Cake

## Singing for Health, Wellbeing and Fun!

FREE, friendly and informal singing sessions. All ages and abilities welcome.

Sheringham Little Theatre.

Wednesdays from 3:30-5pm.

(Singing starts approx. 3:45pm).

Everyone welcome including carers and the cared-for. Dementia-accessible.

www.playingforcake.uk 01263 340082



## Our sessions

17th Sept	Feel-good forties The Cupcakes and Eve Clarke
24th Sept	The Busketeers Songs for all and all for Song!
1st Oct	Sing for Joy! Teresa Verney
8th Oct	<b>Strings, Keys, Winds and Words!</b> Jane Wells and Amanda Crofts
15th Oct	Sing-along-a-Sea-Shanty The Shanty Sirens
22nd Oct	Poppyland Songs Bertie Bow
29th Oct	New Kids on the Cake! with the amazingly talented Izzy Daniels, Max Maplethorpe, Sylvie Owen and special guests Timmy Wegg and James Rose
5th Nov	Songs from the Campfire Nicky Childerhouse
12th Nov	Barbershop Harmonics The Sam Smith Singers
19th Nov	Pantomime Songs Part 1 Helen McDermott and Annette Jude
26th Nov	Winter Warmers Natasha Hood
3rd Dec	Pantomime Songs Part 2 Helen McDermott and Annette Jude
10th Dec	Sing-along-a-Seasonal-SUBs The Sheringham Ukulele Band
17th Dec	Christmas Cheer The Cupcakes

No booking required. Seats available on a first-come-first-served basis. Donations help us continue and are gratefully received via bucket collections.









