



# Welcome to PFC's afternoon tea!



Summer series, Session Seven, 11<sup>th</sup> June 2021

This week's theme is "Rhythms & waves"

Inspiration: 11<sup>th</sup> June World heart rhythm day and 8<sup>th</sup> June World oceans day.

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**Tina, warm-up inc. Yonder come day**

Yonder come day, day is a-dawning, yonder come day in my soul

Yonder come day, day is a-dawning, sun is a-rising in my soul!

Yonder, yonder, yonder, yonder, a-well-a

Yonder, yonder, sun is a-rising in my soul

Sunrise, sunrise, sunrise, sun is a-rising in my soul!

.....  
**Gina & Les, Tickle my heart (rhythm of the heart) Key=(C)**

**Verse 1:**

Tickle me once, tickle me twice, Tickle me naughty, tickle me nice

But tickle my heart, please tickle my heart. Tickle my fancy, tickle my toes

Tickle my tummy right up to my nose but tickle my heart, please tickle my heart

**Chorus:** Tickle me in the morning, tickle me through the night

Tickle me without warning, that'd be alright

**Verse 2:**

Tickle me gently, tickle me rough, I'll let you know when I've had enough

But tickle my heart, tickle my heart. Tickle my heart, please tickle my heart

*Instrumental break*

Tickle my heart, tickle my heart, tickle my heart, tickle my heart

*Repeat chorus and verse 2 to end*

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**Ervin, When Johnny comes marching home (Rhythm of feet!) Key=(Em)**

When Johnny comes marching home again, Hurrah! (Hurrah!) Hurrah! (Hurrah!)

We'll give him a hearty welcome then Hurrah! (Hurrah!) Hurrah! (Hurrah!)

The men will cheer and the boys will shout The ladies they will all turn out

And we'll all feel glad when Johnny comes marching home.

The old church bell will peal with joy Hurrah! (Hurrah!) Hurrah! (Hurrah!)

To welcome home our darling boy, Hurrah! (Hurrah!) Hurrah! (Hurrah!)

The village lads and lassies say With roses they will strew the way,

And we'll all feel glad when Johnny comes marching home.

*/ctd over!*

Get ready for the Jubilee, Hurrah! (Hurrah!) Hurrah! (Hurrah!)  
We'll give the hero three times three, Hurrah! (Hurrah!) Hurrah! (Hurrah!)  
The laurel wreath is ready now To place upon his loyal brow  
And we'll all feel glad when Johnny comes marching home.

Let love and friendship on that day, Hurrah! (Hurrah!) Hurrah! (Hurrah!)  
Their choicest pleasures then display, Hurrah! (Hurrah!) Hurrah! (Hurrah!)  
And let each one perform some part, To fill with joy the warrior's heart,  
And we'll all feel glad when Johnny comes marching home

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## Ervin, Summer holiday (At the seaside!) Key= (C)

We're all going on a summer holiday no more working for a week or two  
Fun and laughter on our summer holiday, no more worries for me or you  
For a week or two.

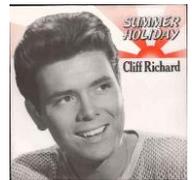
### Chorus:

we're going where the sun shines brightly, we're going where the sea is blue  
we've all seen it in the movies, now let's see if it's true.

Everybody has a summer holiday doin' things they always wanted to  
so we're going on a summer holiday, to make our dreams come true  
for me and you

*Repeat everything above*

For me and you



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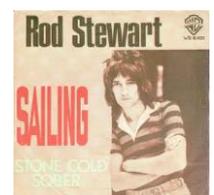
## Catherine, Sailing (On the ocean) Key= (C)

I am sailing, I am sailing Home again, 'cross the sea  
I am sailing, stormy waters To be near you, to be free

I am flying, I am flying Like a bird, 'cross the sky  
I am flying, passing high clouds To be with you, to be free

Can you hear me, can you hear me Through the dark night, far away  
I am dying, forever crying To be with you, who can say (*repeat this verse*)

We are sailing, we are sailing Home again, 'cross the sea  
We are sailing, stormy waters  
Oh Lord be near you, to be free x 3



# Ervin, My Bonnie lies over the Ocean Key = (F)

*(Prepare to have some variations on this theme!)*

My Bonnie lies over the ocean My Bonnie lies over the sea  
My Bonnie lies over the ocean Oh, bring back my Bonnie to me...

## CHORUS:

Bring back, bring back Oh, bring back my Bonnie to me, to me  
Bring back, bring back Oh, bring back my Bonnie to me

The winds have blown over the ocean The winds have blown the sea  
The winds have blown the ocean and brought back my bonnie to me

## CHORUS

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# Gina & Les, Yellow Submarine Under the sea! Key= (G)

In the town where I was born lived a Man who sailed to sea  
And he told us of his life in the land of submarines

## CHORUS:

We all live in a yellow submarine, yellow submarine, yellow submarine  
We all live in a yellow submarine, yellow submarine, yellow submarine

So we sailed into the sun, till we found a sea of green  
And we lived beneath the waves in our yellow submarine

## CHORUS

**HERE IT IS!** ----->



And our friends are all on board Many more of them live next door and the band  
begins to play 'Didely um te tum te tum, didely um te tum te tum'  
And we live a life of ease, every one of us has all we need  
Sky of blue, sea of green, in our yellow submarine

## CHORUS TWICE

# **Tina, Oh I do like to be beside the seaside**    Key=(G) (Beside the sea)

**Oh, I do like to be beside the seaside, oh I do like to be beside the sea  
Oh, I do like to stroll along the prom, prom, prom  
Where the brass bands play tiddley-om-pom-pom**

**So, just let me be beside the seaside, I'll be beside myself with glee  
For there's lots of girls beside I should like to be beside  
Beside the seaside, beside the sea!**



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## **Gina & Les, Let your love flow** Key (C)

**There's a reason for the sunshiny sky  
There's a reason why I'm feeling so high  
Must be the season when that love light shines all around us**



**So let that feeling grab you deep inside  
And send you reeling where your love can't hide  
And then go stealing through the moonlit night with your lover**

**Just let your love flow like a mountain stream  
And let your love grow with the smallest of dreams  
And let your love show and you'll know that I mean, it's the season**

**Let your love fly like a bird on the wind  
And let your love bind you to all living things  
And let your love shine and you'll know what I mean, that's the reason**

**There's a reason for the warm sweet nights  
And there's a reason for the candle lights  
Must be the season when those love lights shine all around us**

**So let that wonder take you into space  
And lay you under its loving embrace  
Just feel the thunder as it warms your face and you can't hold back**

***Repeat text in purple above to end***

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# Tina, Let's go fly a kite! Key= (G)

With tuppence for paper and strings, you can have your own set of wings  
With your feet on the ground you're a bird in a flight, with your fist holding tight  
To the string of your kite. Oh, oh, oh!

## Chorus:

Let's go fly a kite up to the highest height, let's go fly a kite and send it soaring!  
Up through the atmosphere, up where the air is clear, oh, let's go fly a kite!

When you send it flying' up there, all at once you're lighter than air.  
You can dance on the breeze over houses and trees, With your fist 'olding tight to  
the string of your kite. Oh, oh, oh!

**REPEAT CHORUS TO END**



## Tina, Cool down & 'Shalom'!



Shalom, shalom ... *etc*

'Til we meet again, 'til we meet again, shalom, shalom

**Join us next week, Fri 18<sup>th</sup> June, for more fun!**

**The theme will be "Fathers day".**

